



Name: _____ My Challenge began on: _____.

KINDNESS CALENDAR

Spiritual Hearts Challenge Idea: Use this 'Kindness Calendar' as a daily guide and fill-in open days with other acts of kindness! You can always add more or repeat items.

1 Write a thank you to someone	2	3 Make cards for the sick	4	5 Put a few toys in a donate bin	6	7 Give away compliments
8	9 Do a chore for someone	10	11 Collect a few toys to donate	12	13 Share with someone	14
15 Collect a few can goods to donate at church	16	17 Make a picture for someone	18	19 Clean up without being told	20	21 Donate some old clothes
22	23 Leave a kindness note or card for someone	24	25 Collect a few old books to donate	26	27 Help make dinner or volunteer to help someone	28